

PRESS RELEASE

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THE SPA AT THE ISLAND HOTEL INTRODUCES NEW BODY RITUALS

NEWPORT BEACH, CA (July 6, 2006) – Inspired by the time-honored therapeutic practices from the islands in Asia and the Pacific, The Spa at The Island Hotel Newport Beach has unveiled a series of signature body rituals designed to pamper, soothe and re-energize the body and soul.

According to Spa Director Jim Croghan, this new menu of exotic treatments has a global bent – embracing the property’s Island-inspired focus. “In keeping with the hotel’s overall repositioning, we have carefully researched and developed an invigorating and uplifting series of new spa experiences based on traditional practices from Indonesia and Thailand that each have a specific therapeutic purpose,” he said.

The comprehensive range of signature Asian-themed rituals now includes:

- **Island Volcanic Detoxifying Wrap.** Inspired by age-old therapies from the Indonesian Islands, this refreshing and uplifting ritual begins with an intense exfoliation to soften and cleanse the skin. Comprised of hand-sifted, sun-dried soft mineral formulations of volcanic earth, clay is then applied to cleanse and cool the body; while a foot massage balances both body and soul. This energizing treatment purges body odors and improves problem skin.
- **Island “Boreh” Bali Spice Remedy.** An ancient Balinese remedy, “Boreh” is a blend of clove, ginger and spices that is applied to the body to increase circulation, relieve aches, ease tension and calm the soul. Originally used by Balinese rice farmers to ease aching joints, this stimulating and warming therapy is increasingly popular with athletes and is ideal for relieving jet-lag symptoms and enhancing blood circulation.

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• **Island Tropical Splendor.** The ultimate in enlivening and hydrating the skin, this ritual begins with a rejuvenating coconut, rice and vetiver scrub. Lemongrass is then applied, enveloping the body with an energizing and uplifting effect to leave the skin satiny smooth. Known as the “body elixir,” this experience is invigorating, yet relaxing – enhancing overall body hydration.

• **Island Nourisher.** A superior anti-aging body therapy in which coffee, coconut, rice and vetiver slough away dry, rough skin. Ideal for anyone with dull and dry skin, it is also an excellent “after-sun” reviver, enhancing hydration while firming and toning and adding radiance to the skin.

“We are very proud to introduce this innovative new menu of spa experiences – which we have carefully created for both men and women,” Croghan added.

The Spa at The Island Hotel – a 4,000-square-foot facility completed last year – offers a sublime backdrop for this extensive array of pampering services, including body treatments, facials, manicures and pedicures.

Offering a quiet sanctuary on the hotel’s lower level, the spa features a muted décor with soft maple and stone accents and trickling water features – with nine spacious treatment rooms beautifully appointed with soft linens, pillows and heated blankets. Separate male and female club-style locker rooms – each with a shower and vanity area and a steam room – also feature a shared relaxation room with Kashwere throws and personal ottomans, as well as signature teas, complimentary waters and fresh fruits.

Services are offered a la carte. Extensive spa packages can also be created based on guests’ individual requests and needs.

Overlooking the nearby islands of Balboa, Lido and even Catalina, The Island Hotel Newport Beach was originally built in 1986 by The Irvine Company and now features: 295 recently renovated guestrooms and suites; a 4,000-square-foot spa; a 3,000-square-foot resort-style pool; two award-winning restaurants; a fitness center; two outdoor, lighted tennis courts; and over 30,000 square feet of meeting space. The hotel is across the street from the acclaimed Fashion Island shopping center, and just minutes away from Newport Harbor. For reservations and more information, please contact The Island Hotel Newport Beach, toll-free, at 1-888-321-4752; or visit the website at www.theislandhotel.com.

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